



**HURRAH, IT LOOKS LIKE SUMMER IS ON THE WAY. ARGHH, SO ARE THE EXAMS!** This year is a double whammy for me – my daughters, who are 16 and 17, are taking GCSEs and A Levels. I somehow thought that they would be more

organised – able to juggle their part-time jobs and burgeoning social lives with plenty of revision. Not the case. I have had to get tough – turfing them out of bed at a reasonable hour and restricting the time spent with boyfriends and doing paid work.

My daughters learn quite differently – the younger one lies in bed listening to something called *GCSE Pod* on her iPhone, whereas her sister sits at her desk writing salient points on cue cards and highlighting them with different coloured markers. Sometimes my youngest asks me to test her on science – although my knowledge of physics, chemistry and biology is negligible and I am probably no help at all. The best I can do is to cook them nourishing meals and keep the kitchen cupboard full of chocolate.

Thank goodness I only have two children to steer through their exams. Spare a thought for my husband, who is Head of English at a local secondary school and has to get no fewer than 240 students through their GCSEs this summer!

On our cover this month are the glamorous food gurus Jasmine and Melissa Hemsley, who were born in Surbiton and educated at *Tiffin Girls'*. They are glowing advertisements for the healthy food they cook. We also talk to local entrepreneur Holly Tucker, co-founder of online brand *Not On the High Street*, and entertainer John Barrowman who performs on our patch this summer. Plus there's a look at artisan baking and the joys of keeping chickens and bees.

With summer just around the corner, the fashion page has some fresh new looks. I for one can't wait for the holidays when we will all have emerged from exam fog. To all those enduring the same – parents, kids and teachers – I wish you the very best of luck!

**Rosanna**

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OUT&ABOUT



WIN!

## WIN A SPA DAY FOR TWO!

Feeling stressed? Need a day of luxury relaxation to get rid of those knots in your shoulders? Then enter our competition to win a spa day for two at *David Lloyd Leisure* in Hampton, including a choice of one treatment (T&Cs apply). The *Amida Spa* is a calm haven with pools, saunas, steam rooms and Jacuzzis, and a host of treatments, massages and holistic therapies on offer. In short, for one day only, you can imagine yourself on holiday.

Enter online or send your details to: David Lloyd Competition, Sheengate Publishing, Unit A4, Kingsway Business Park, Oldfield Road, Hampton, TW12 2HD. Closing date: May 30

## UNIQUE APPROACH

Two Surrey garden designers are taking a DNA strand as inspiration for their 'Unique' show garden at this year's *RHS Hampton Court Flower Show* (June 30 – July 5).

Barbara Harfleet and her son's fiancée, Catherine Chenery, are using their garden to raise awareness of Surrey-based charity *Unique* – the rare chromosome disorder support group which helped the family after Barbara's first granddaughter, Rose, was diagnosed with a rare disorder.

In the garden, the DNA strand – a stylised version of which is also the *Unique* charity's logo – will be represented by a winding path, cut across by paving and hedging to indicate the duplications and deletions of genes which cause rare disorders. Grasses and flowering plants will feature in the charity colours of blue, yellow and white.

You can sponsor a plant for the 'Unique' scheme at RHS Hampton Court Flower Show by visiting [rarechromo.org](http://rarechromo.org)



Principal Peter Mayhew-Smith with Vince Cable

## GETTING CREATIVE

Kingston College's new Creative Industries Centre has been officially opened by Dr Vince Cable, MP for Twickenham and co-chair of the Creative Industries Council. The £10m flagship facility, which includes a 3D workshop, TV studio and music suite, houses the College's creative programmes including Art and Design, Media, Fashion and Music.

## AND FINALLY...

Congratulations to our writers Helene Parry and Lucy Johnston. Helene's first novel, *Salad At The Bad Café*, was published in January by *PublishNation*. Lucy's debut book, *Digital Handmade: Craftsmanship in the New Industrial Revolution*, focuses on the skill of the artisan in the digital age and is due to be published by *Thames & Hudson* in June. Both books are available for order now on [amazon.co.uk](http://amazon.co.uk).

If my radiators looked like those by Weybridge based company REDPUR, I'm sure that I would find another way of drying my wet washing. Using what is being heralded as the world's most technologically sophisticated infrared heating system, each slim, German-engineered radiator can be fronted by your favourite photograph or artwork, so that it looks like a picture hanging on the wall rather than a clunky rad. Infrared heating, which imitates the way in which the sun heats the earth by radiating heat energy into surrounding objects, is recommended by the *Energy Savings Trust*.

For more information go to [redpur.co.uk](http://redpur.co.uk)



Ed's choice